



789 Anzac Parade  
 Maroubra NSW 2035  
[www.chic-n-meat.com.au](http://www.chic-n-meat.com.au)

Ph: (02) 8094 9299  
 Fax: (02) 8094 9313  
[chicnmeat@optusnet.com.au](mailto:chicnmeat@optusnet.com.au)

<u>Product</u>	<u>Description</u>	<u>Price Per Kg</u>
Boerewors - Beef	South African style sausage in long coil made with beef	\$ 26.59
Boerewors - Chicken	South African style sausage in long coil made with chicken	\$ 15.80
Breast Fillets	Fresh skinless, boneless, plump breast fillets	\$ 26.99
Breast on the Bone	Half Breast, still on the bone	\$ 14.90
Butterfly (Plain)	Medium sized chicken, split down the breast, served in a foil baking dish and sealed with plastic. Just remove plastic wrap and put straight into oven to cook. Great on BBQ.	\$ 12.50
Butterfly (Marinated)	Medium sized chicken, split down the breast, served in a foil baking dish, marinated in a choice of either honey soy or non-spicy satay sauce and sealed with plastic. Just remove plastic wrap and put straight into oven to cook. Great on BBQ.	\$ 16.00
Crumbed Rissoles	Our own high quality chicken mince, mixed with a blend of herbs & spices and rolled in bread crumbs. Can make with gluten free crumbs if pre-ordered. Great for chicken burgers!	\$ 13.50
Drumsticks	Also known as "Poulkas"! One of our most popular cuts.	\$ 11.99
Drumsticks (skinless)	Naked Poulkas!!!	\$ 13.50
Drumettes Marinated	Top part of the wing, looks like a mini drumstick, marinated in a choice of either honey soy or non-spicy satay sauce. Simply divine on the BBQ or baked - makes great finger food entrée!	\$ 9.99
Duck - Frozen	Lovely Duck, frozen on day of shechting to seal in the flavour and freshness! A nice alternative once in a while.	\$ 20.00
Frames	Frame/Bones of whole chicken, makes delicious soup!	\$ 3.99
Goulash (Chicken)	Chicken Breast Fillets cut to cubes. Good for stews & curries!	\$ 26.99
Giblets	Not generally kept in stock. Must be pre-ordered.	\$ 9.50
Kebabs (Marinated)	5 Sticks per pack, made with breast and thigh meat, approx 750g per pack, choice of honey soy or non-spicy Satay flavour	\$ 30.00
Livers (not Kasherred)	Not generally kept in stock, must be pre-ordered	\$ 9.00
Lovely Legs - Marinated	Drumsticks with the end of the bone removed and marinated in choice of honey soy or non-spicy satay sauce.	\$ 13.50



Maryland (Skin On)	Thigh with Drumstick still attached.	\$ 11.90
Maryland (Skinless)	Thigh with Drumstick still attached, without skin.	\$ 12.99
Middle Eastern Rissoles	Our own high quality chicken mince, mixed with our secret blend of herbs & spices, based on a family recipe. These are Gluten Free!!!	\$ 15.99
Mince - Premium Breast	Pure chicken breast mince, lean and healthy!	\$ 17.35
Necks	Perfect in soup!	\$ 4.00
Roaster cut in 8 (Skin On)	Whole chicken cut to 8 pcs as follows: 2 drumsticks, 2 Thighs, 2 wings, 2 half breast.	\$ 12.99
Roaster cut in 8 (Skinless)	Whole chicken cut to 8 pcs as follows: 2 drumsticks, 2 Thighs, 2 wings, 2 half breast, all pieces skinless except for wings.	\$ 14.00
Roaster cut in 8 (marinated)	Whole chicken cut to 8 pcs as follows: 2 drumsticks, 2 Thighs, 2 wings, 2 half breast, marinated in a choice of either honey soy or non-spicy satay sauce.	\$ 14.50
Roaster cut in 10 (Skin on)	Whole chicken cut to 10 pcs as follows: 2 drumsticks, 2 Thighs, 2 wings, 4 pieces of breast.	\$ 12.99
Roaster cut in 10 (Skinless)	Whole chicken cut to 10 pcs as follows: 2 drumsticks, 2 Thighs, 2 wings, 4 pieces of breast, all skinless except for wings.	\$ 14.00
Roaster cut in 10 (marinated)	Whole chicken cut to 10 pcs as follows: 2 drumsticks, 2 Thighs, 2 wings, 4 pieces of breast, marinated in a choice of either honey soy or non-spicy satay sauce.	\$ 14.50
Sausages - Herb	Fresh low fat chicken sausages with a blend of mixed herbs	\$ 14.99
Sausages - Herb & Garlic	Fresh low fat chicken sausages with a blend of herbs & garlic	\$ 15.99
Sausages - Sundried Tomato	Fresh low fat chicken sausages with sundried tomato	\$ 15.99
Sausages - Madras Curry	Fresh low fat chicken sausages, medium heat Madrass Curry	\$ 15.99
Schnitzel (Crumbed)	Chicken breast, sliced thin and coated in egg, crumbs & herbs	\$ 28.99
Schnitzel (Plain)	Chicken breast, sliced thin	\$ 27.50
Stir Fry	Chicken breast, cut to strips for stir fry or stews	\$ 27.50



Thighs Whole	Thigh on the bone	\$ 11.30
Thighs Whole (skinless)	Naked Thigh on the bone!!!	\$ 13.00
Thigh Fillets	Thigh fillets, clean and tidy	\$ 26.99
Turkey - Frozen	Delicious Turkey, frozen on day of shechting to seal in the flavour and freshness! A nice festive bird for Chaggim!	\$ 20.00
Whole Chicken	Fresh & clean Whole Chicken	\$ 10.50
Wings	Chicken wings, great for bbq or baking!	\$ 6.99
Wings (Marinated)	Chicken wings, marinated in your choice of honey soy or non-spicy satay sauce. Fantastic on the bbq!!	\$ 8.50
Wingettes Marinated	the lower half of the wing, marinated in your choice of honey soy or non-spicy satay sauce. Finger licking good on bbq!	\$ 9.99
		<u>Price Per 100g</u>
Biltong - Beef	South African style dried beef	\$ 9.59
Biltong - Chicken	South African style dried chicken breast	\$ 8.99
Biltong - Chicken Tandoori	South African style dried chicken breast marinated in medium heat tandoori spices	\$ 8.99
Droewors	South African style dried beef sausage	\$ 5.55
		<u>Price Per Item</u>
Spatchcock (Twin Pack)	Frozen straight after shechting, you get 2 birds in every pack	\$ 20.00
BBQ Chicken	The most delicious Kosher BBQ Chicken you will ever taste!!!	\$ 22.65